<u>Curriculum Map – KS3 Physical Education</u>

	Invasion	Net-Wall games	Gym/HRF	HRF	S+F	Athletics
KS3	Topic title: Invasion Games	Topic title: Net-wall games	Topic title: Gym/Health-Related Fitness	Topic Title: HRF	Topic title: Striking and fielding	Topic title: Athletics
	Big questions: -Can I use a range of tactics and strategies to overcome an opponent in team and individual games? -Can I name and perform a range of Attacking Skills/Principles? -Can I name and perform a range of Defensive Skills/Principles? -How can I overcome an opponent?	Big questions: -Can I use a range of tactics and strategies to overcome an opponent in net/wall games? -Can I name and perform a range of Attacking skills/Principles in Net/Wall games? -Can I name and perform a range of Defensive Skills/Principles in Net/Wall games? -How can I overcome an opponent in Net/Wall games?	Big questions: -Can I use a range of choreographic devices and gymnastics skills to create a routine? - Can I perform a range of travelling skills using choreographic devices to link them together? - Can I perform individual, paired and group balances using choreographic devices to create a routine? -How can I incorporate apparatus to add flight into a routine?	Big questions: -Can I perform a range of health and fitness tests and take part in a variety of types of training? -Can I describe and perform an effective warm-up and cool down? -Can I name and test a range of components of fitness? -Can I name and perform various types of training?	Big questions: -Can I use a range of skills and strategies to overcome an opponent in striking and fielding games? -Can I name and perform a range of striking skills/shots? -Can I name and perform a range of bowling skills/techniques? - Can I name and perform a range of fielding skills/techniques?	Big questions: -Can I use a range of skills and techniques to effectively run, jump and throw? -Can I name and perform a range of running skills/techniques in Athletics? -Can I name and perform a range of jumping skills/techniques in Athletics? - Can I name and perform a range of throwing skills/techniques in Athletics?
Links to NC	-Build on and embed skills learnt in KS1 and 2Encourage competence in a range of skills through a broad curriculum -Many games lessons taught using TGFU	-Build on and embed skills learnt in KS1 and 2Encourage competence in a range of skills through a broad curriculum -Many games lessons taught using TGFU	-Build on and embed skills learnt in KS1 and 2Encourage competence in a range of skills through a broad curriculum -Many games lessons taught using TGFU	Build on and embed skills learnt in KS1 and 2Encourage competence in a range of skills through a broad curriculum -Many games lessons taught using TGFU	-Build on and embed skills learnt in KS1 and 2Encourage competence in a range of skills through a broad curriculum -Many games lessons taught using TGFU	-Build on and embed skills learnt in KS1 and 2Encourage competence in a range of skills through a broad curriculum -Many games lessons taught using TGFU

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approach to maximise					
activity levels.					
-Encourage healthy					
competition both					
against others and in					
terms of beating					
personal best					
achievements	achievements	achievements	achievements	achievements	achievements
-Encourage extra-					
curricular participation					
and engage with wider					
community to					
encourage healthy					
active lifestyles.					
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