

Curriculum Map - PSHE - Y11

	1 Autumn 1	2 Autumn 2	3 Spring1	4 Spring 2	5 Summer 1
Y 11	Topic title: Careers	Topic title: Health and wellbeing	Topic title: RSE	Topic title: Relationships - Communication in relationships	Topic title: Living in the wider world
	Big Question: How do I prepare for an interview?	Big Question: What medical issues do I need to be aware of as a young adult?	Big Question: What affects a relationship? What are the issues around teenage pregnancy?	Big Question: how should I handle unwanted attention, including online?	Big Question: What can cause stress in the working world and how do I manage it?
	1. What is a CV and how do these impact your career? 2. Plan your draft CV 3. Complete your final CV and submit in preparation for Mock Interview Day 4. Interview skills – how an interview works and why employers conduct them. 5. How does social media impact the job market, how can your social media have negative/positive impact on your career. Create a LinkedIn account. 6. Post 16 – Further research on FE/HE options and what is available locally. Focus on courses ready to make your applications. 7. Complete college applications and further research on career pathways.	1. What are blood, stem and organ donation? 2. the links between lifestyle and some cancers : testicular self-examination 3. the links between lifestyle and some cancers- breast examination 4. What is consent? 5. To understand the consequences of an unplanned pregnancy 6. Emergency first aid skills. How to assess emergency and non-emergency situations and contact appropriate services 7. Know about vaccinations and immunisations. Know about registering with and accessing doctors, sexual health clinics, opticians, and other health services. What are the influences and risks	1. Do you know the differences between abuse and love? 2. What do we need to know about unplanned pregnancies and miscarriage? 3 Teenage pregnancies - what issues do young parents face? 4. Being a new parent – what is this like and why can it be so challenging? 5. How do I take responsibility for my sexual health? 6. What are the possible consequences of sending and receiving sexts? 7. Are Porn and Sex two different things?	1.how to handle unwanted attention, including online 2. Healthy v unhealthy relationships. (Everyone's invited) 3.'Something is not right' Confidently seeking support. 4. How to challenge harassment and stalking, including online. 5. About gender identity, gender expression and sexual orientation 6. 'People not objects' Which types of media, in your opinion, most shape how we think?	1. About the nature, causes and effects of stress 2. Stress management strategies, including maintaining healthy sleep habits 3. About positive and safe ways to create content online and the opportunities this offers 4. How to balance time online. What is work/life balance? 5.What impact can misogyny can have in the workplace. (METOO movement / Times up)

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		relating to cosmetic and aesthetic body alterations			
Link to N.C.					