

Curriculum Map - PSHRE Y10 2025 - 2026

| | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Rollover Summer 2 |
|------|---|--|--|--|---|---|
| Yr10 | <p>Theme : RE</p> <p>How diverse is the UK and is tolerance shown towards diversity?</p> <p>To explore the concepts of diversity and tolerance within the UK and the wider world, with a focus on British Values, the protected characteristics and religion.</p> <p>To evaluate the success of tolerance towards diversity within British society.</p> | <p>Theme: RSE</p> <p>Big Question: What are healthy relationships?</p> <ol style="list-style-type: none"> 1.Sexting, Nudes and Dick Picks why do some young people send sexts, nudes and dick picks? 2. Porn Life Sex Vs. Real Life Sex What is the impact of porn on society and relationships? 3.Fertility and routes to parenthood. 4. What are the possible outcomes in the event of an unplanned pregnancy? 5. The opportunities and risks of forming and conducting relationships online 6. WEX assembly <p>R1 R2 R3 R6 R7 R8 R14 R15 R18 H30 H31 H32 H33</p> | <p>Theme: Careers</p> <p>Big Question: What should I prepare for work experience?</p> <ol style="list-style-type: none"> 1. Post 16 options – What are they and focus on the different FE/Training providers locally. 2. Post 16 options – What are the different qualifications and the levels e.g., the difference between A Levels/T Levels/BTEC 3. Life after compulsory education – What is lifelong learning? 4. Work Experience Preparation – What are the employer’s responsibilities. 5. Work Experience Preparation – What are your responsibilities, complete targets in your logbook. 6. Work Experience – Week 1 7. Work Experience – Week 2 <p>H1 L1 L2 L3 L5 L7 L8 L9 L10 L11 L12 L13 L14 L15 L23</p> | <p>Theme: Living in the Wider World</p> <p>Big Question: What influences are there on your decisions?</p> <ol style="list-style-type: none"> 1.First lesson is debrief on work experience 2. Supporting those with addictions(love thy neighbour) 3. What does the term New Psychoactive Substances mean and give examples. Why NPS drugs are so dangerous to society? 4. To understand the risks associated with parties and festivals and experimenting with drugs How can you stay safe at a festival or a party? <p>4.Drugs Talk from Janine Milburn. Exit strategies for pressurised or dangerous situations.</p> <ol style="list-style-type: none"> 5. What is substance addiction and understand the way drugs effect users. 6. CPR - Practical <p>H19 H20 H21 R20 R35 R36 R37</p> | <p>Theme: Health and Wellbeing</p> <p>Big Question: How do you manage your wellbeing in the world of social media & exams?</p> <ol style="list-style-type: none"> 1 How do you show resilience when life throws you challenges? 2. What are the differences in our brain function? 3. How do you decide what to view on social media? 4. LGBTQ Presentation / Yoga 5 & 6. How can I manage my wellbeing during exam season? 7. Mock exams week <p>Crookhorn Lessons</p> <ol style="list-style-type: none"> 8. How do you drive safe & stay alive? 9.Why do teenagers take risks? Water safety 10.Could I save a life? Defibrillators <p>H2 H5 H6 H7 H8 H9 H10</p> | <p>Theme: Careers (new Y10)</p> <p>Big Question: What do I need to know about Work Experience?</p> <p>3 lessons prepared by Careers and delivered by RS team</p> |