

Curriculum Map - PSHRE Y8 2025 - 2026

	Autumn 1 6 lessons	Autumn 2 7 lessons	Spring 1 6 lessons	Spring 2 6 lessons	Summer 1 10 lessons	Summer 2 (rollover 3 lessons)
Y8	<p>Theme: Health and Wellbeing</p> <p>Big Question: What are the choices I am faced with?</p> <ol style="list-style-type: none"> 1.What harm can illegal drugs do? 2 Should we be worried about vaping? 3.Why must we be so careful with alcohol? 4.What are the consequences of living unhealthily? 5.Is drug use the biggest problem facing young people? 6. What is Catfishing and how can it impact its victims? <p>H23 H24 H25 H26 H27 H29 H31 R42 R44 H30</p>	<p>Theme: Careers</p> <p>Big Question: What careers are available to me?</p> <ol style="list-style-type: none"> 1. What makes you who you are and how do your beliefs link to your career? 2. What is a job family and how can stereotyping affect the images of these families? 3. Careers and finance – How does money effect my future? 4. Job Research - Using online tools to discover what careers suit your personal skills and interests. 5. Feedback – how can feedback from your subjects support you to achieve your career aspirations. 6. What is a decision and how can decisions you make now affect your future? 7. Target setting and planning – How am I going to get the best at school to ensure I have the best post 16 options. <p>Gatsby Benchmarks – 2, 3, & 4 L1 L2 L3 L4 L6 L7 L8 L9 L10 L14 L16 L17</p>	<p>Theme: Living in the Wider World</p> <p>Big Question: How to stay safe & what is the rule of law(BV) (Safer Internet Day)</p> <ol style="list-style-type: none"> 1.County Lines – Who is at risk? 2 Should teens be classified as victims or criminals? 3. Safer Internet Day: Online Safety and Cyber Bullying 4. How does the law deal with young offenders? 5. Why does the age of criminal responsibility vary in different countries? 6. Do you think prison is an effective way to change behaviour? <p>H30 H23 R17 R24 R37 R45 R46</p>	<p>Theme: Relationships</p> <p>Big Question: What do healthy relationships look like?</p> <p>All groups receive LGBTQ+ Talk from Y Services in one session</p> <ol style="list-style-type: none"> 1.What does consent look like in practice? 2.What common assumptions are made in relation to consent? 3. What is marriage and why must it be entered into freely? 4.What is sexting and why should I be bothered about it? 5. What would our country be like without mutual respect & tolerance? 6. What is the connection between mental health & sleep? Assembly <p>R39, R40, R41, R3, R4, R42, R43</p>	<p>Theme: RSE</p> <p>Big Question: What choices do I have in my relationships?</p> <ol style="list-style-type: none"> 1.What does being in love actually mean? 2.What are the qualities of positive healthy relationships? 3. So, what is grooming? 4.Why is up skirting now a crime? 5. Hobbies and Interests Day preparation 6. What do the letters STI stand for? 7. Should we learn about safe sex in schools? 8. What are your choices when it comes to contraception? <p>Plus:</p> <ol style="list-style-type: none"> 9. CPR – Practical 10. Railway safety <p>H35, H36, R4, R5, R10, R16, R18, R24, R25, R26, R27, R29, R30, R32</p>	<p>Theme: Personal safety</p> <ol style="list-style-type: none"> 1. What’s wrong with a tan? Sun safety 2. Why does someone who can swim drown? Water safety 3. What is the danger of a rip current if you swim into one? Water safety <p>H23 H24 H25 H26 H27 H29 H31 R42 R44 H30</p>