### **COLLEGE NEWSLETTER**

#### **Calendar**

DATE	EVENT
Monday 24 <sup>th</sup> – Tuesday 25 <sup>th</sup> November	Sociology trip to London
Wednesday 26 <sup>th</sup> November	GCSE Presentation Evening

#### **Notices**

To help with your planning and organisation throughout the year, please do use the electronic calendar on our website.

You can access these dates if you go to the news and events tab and click on College Calendar or key dates 2025/26. This calendar includes all our training days, parent's evenings, as well as other key events.

#### **Swap Shop**

The PE department are trying to ensure that all students are able to access the correct equipment for lessons. If you have any unused, or unwanted trainers or football boots and are willing to donate to the College it would be much appreciated. Donations can be dropped off to the PE department and in return your child will be rewarded with positives.

#### **Careers Newsletters**

Our Careers Newsletters are a collation of all the opportunities we have heard about from employers and universities. Please use the links included to read more information and apply to anything you are interested in. Links are <u>underlined</u>.

Read the latest careers newsletter







### Extra-Curricular Clubs & Activities, Sports Clubs and Fixtures

	Monday	Tuesday	Wednesday	Thursday	Friday
Before School Clubs 8am - 8.30am	<b>Dodgeball</b> <b>Sports Hall</b> Mr Chaplin	NO CLUBS DUE TO STAFF MEETINGS	Table Tennis Gym Mr Carver	NO CLUBS DUE TO STAFF MEETINGS	Cricket Sports Hall Mr Baker
After School Clubs 3.15pm — 4.15pm	GCSE PE Study Club R6 Mr Chaplin	Basketball with Portsmouth Force	Football Year 7 and 8 Field Mr Chaplin/ Mr McCaw  Badminton Sports Hall Mr Baker	Netball Courts Miss Pritchard	Table Tennis Sports Hall Mrs Ainslie Running Club Various Mr Carver
Fixtures	Year 8 Netball Crookhorn Miss Pritchard	Year 8 Football Various schools Mr Baker	Year 7 Netball Crookhorn Mrs Ainslie	Year 7 Football Various schools Mr Chaplin	HOUSE EVENTS!

	Monday	Tue	sday	Wedne	sday		Thursday	Friday				
Lunchtime Clubs  Years 7, 9 & 11 Early Lunch Years 8 & 10 Late Lunch	Dungeons & Dragons Library - Miss Humby  Y8/10 English Poetry A9 - Mrs Nailor  Computers  R1/2 - See Mrs Burnham for times	Miss I  MFL revisio  Val  Science Clu  Bai  Computers  Mrs Burnha	n - A11 - Mr era  ub - P2 - Mr illey  - R1/2 - See im for times	Chess Library - Mis  Compu R1/2 - See Mrs time  Y11 Geograp M1 - Mr	ters Burnham for		Chess Club rary - Miss Humby  RS revision G3 - Mrs Jones  Computers See Mrs Burnham for times	Chess Club Library - Miss Humby  Computers R1/2 - See Mrs Burnham for times  Sociology club G8 - Mr McGinley				
	- 4	Y10EE Geography revision - M2 – Mr Smith										
	Resilience Club: Every day at lunchtime in the Resilience Room in G Block – Resilience Room Staff											
Study Club	Monday, Wednesday, Th Tuesdays 2.45pm – 3.45p		<b>day</b> - 3.10pm	- 4pm.			<b>9</b> in the <mark>Library</mark> L <b>1</b> in R1/R2 - Study Supervisors					
	<b>Dance Live - Theatre</b> See Mrs Street for times/days		Computer Club - R2 - Mrs Burnham  Art Club (Week B) - P12 - Miss Harrison-Burrow  DofE - R7 - Mr Trott  Dance Live - Theatre - See Mrs Street for times				Warhammer Club Library - Miss Humby	Dance Live - Theatre See Mrs Street for times/days				
	Band Workshop - CA5 - See Mr Palmer for times					times	<b>Dance Live</b> Theatre - See Mrs Stre for times/days	MFL revision - A11 - Mr Valera				
After School Clubs	Crookhorn Music School - CA5 - See Mr Armstrong for times	NO CLUBS DUE TO	MFL revision - A11 – Mr Valera			Prop Making Club	KS4 study club					
3.15pm - 4.15pm	Golf - Denmead Driving Range - See Mr McGinley	STAFF MEETINGS	Rock Che	oir - CA5 - See M	Cheatle for ti	times/days	and Mr Armstrong					
	Darker side of history club Y7/8				See Mr Palmer for times		Band Workshop - CAS See Mr Palmer for tim					
	G1 – Mrs Timson		Crookhorn N	Music School - CA for time		mstrong	Crookhorn Music Scho	ool Y10/11 Child				
	Environmental club (Week B) - M1 – Mr Smith		Christmas craft club - R4 - See			CA5 - See Mr Armstro						
				times/da	ys							

### <u>Lunch Menu – Week 3</u>

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Main	Chicken tikka pieces served with mint yoghurt (DF)(GF)	Garlic and ginger sticky pulled pork (DF)(GF)	Homemade herby pork sausage meat plait (DF)	Crispy cornflake chicken with ranch dressing (DF)(GF)	Classic chicken burger (DF)
Vegetarian	Jumbo vegetable samosa served with lime pickle (V)(DF)(GF)	Crunchy cauliflower Bang Bang with sweet chilli sauce (V)	Mixed creamed vegetable cobbler with cheddar (V)	Vegetable Jambalaya (V)(DF)(GF)	Creamy basil and sundried tomato pasta (V)
Sides	Mixed vegetable and lentil curry	Crunchy spring onion and carrot salad Pickled red cabbage	Seasonal vegetables	Corn on the cob Mixed seasonal salad	Caesar salad Creamy coleslaw
Carbohydrate	Spiced Indian basmati rice Pitta bread	Steamed bao buns Jasmine rice	Mashed maris piper potatoes	Sweet potato wedges	French Fries
Dessert	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day	Dessert of the Day

<u>Dietary and nutritional information is available on request. Students must notify canteen staff of any allergies they have before purchasing a meal</u>

DISHES		No.	¥¥	<b>A</b>			Milk	90	W. IDAC	1	080			
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chicken Tikka Pieces with Mint Yoghurt							✓		✓	√ Trace	√ Trace			
Jumbo Vegetable Samosa & Lime Pickle		✓							✓				✓	
Mixed Vegetable and Lentil Curry	✓								✓					
Pitta Bread		1					✓							
Garta & Ginger Sticky Pulled Pork	✓								✓				✓	✓
Crunchy Bang Bang Caulitower & Sweet Chilli Sauce		1					<b>√</b>					✓		
Steamed Bao Bun		1											✓	
Mango & Passion Fruit Mousse				1			✓							
Homemade Herby Pork Sausage Meat Plait		1		1					✓					✓
Mixed Creamed Vegetable and Cheddar	✓	1		1			1							

DISHES	**	Way and the same of the same o	T <sub>k</sub>				Milk	To.	mesun	A P	0			8
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Muslard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Mashed Maris Piper Potatoes							✓							
Crispy Cornflake Chicken & Ranch Dressing				✓			✓							
Vegetable Jambolaya	✓													
Chocolate Brawnie with Cream		1		✓			✓							
Classic Chicken Burger		1		1			✓					√ Trace	√ Trace	
Creamy Basil and Sundried Tomato Pasta		<b>√</b>					✓							
Coeser Salad				1	1		✓							
Creamy Colesiaw				1					1					

#### **Menu Prices**

Hot meal deal includes hot meal, bottle of water and piece of fruit/jelly

Cold meal deal includes sandwich, bottle of water and piece of fruit/jelly - If choosing a wrap only 1 item drink or

piece of fruit/jelly is included in the meal deal.

Meals and Deals	Price	Dessert/Cake/Fruit	Price	<b>Mid-Morning Snack</b>	Price
Hot Meal Deal	£3.20	Hot Dessert	£1.00	Sausage Roll	£1.00
Cold Meal Deal	£3.20	Jelly	£0.80	Pasta Pot	£1.00
Soup and Roll	£1.40	Muffins	£1.20	Pizza Slice	£1.20
Main Meal	£2.20	Cookies	£1.00	Popcorn	£1.00
Sandwich	£2.00	Flapjacks	£1.00	Pop Chips	£1.00
		Gingerbread	£1.00	Rice Cakes	£1.00
Drinks		Fruit Pots	£0.80		
Water 500ml	£0.80	Grapes	£0.80		
Radnor Splash 500ml	£1.00	Melon	£0.80		
Apple/Orange Juice	£1.00	Orange Segments	£0.40		
Milkshake	£1.00				

Please ensure your child brings in their lunch card as they will need this to purchase food. Replacement cards can be issued at a cost of £2.00 which will be deducted from their lunch account.