

COLLEGE NEWSLETTER

Calendar

| DATE | EVENT |
|-------------------------------------|---|
| Thursday 12 th September | • Open Evening (students finish at 12:35pm) |
| Friday 13 th September | Options Fair |

Notices

To help with your planning and organisation throughout the year, please do use the electronic calendar on our website.

You can access these dates if you go to the news and events tab and click on College Calendar or key dates 2024/25. This calendar includes all our training days, parent's evenings, as well as other key events.

Swap Shop

The PE department are trying to ensure that all students are able to access the correct equipment for lessons. If you have any unused, or unwanted trainers or football boots and are willing to donate to the College it would be much appreciated. Donations can be dropped off to the PE department and in return your child will be rewarded with house points.











| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|--|--|
| Before School Club 08:00 – 08:30 | Table Tennis Gym Mr Baker | NO CLUBS DUE TO STAFF MEETINGS | Roundnet Gym Mr Chaplin | Table Tennis Courts Miss Pritchard | Roundnet Gym Mrs Ainslie |
| After School Club 15:15 –16:15 | GCSE PE Study Club R6 Mr Chaplin | NO CLUBS DUE TO STAFF MEETINGS | Football Field Mr Baker | Netball Courts Miss Pritchard | Trampolining Sports Hall Mrs Ainslie Running Club Various Mr Carver |
| Fixtures | Year 10/11 Netball Crookhorn Miss Pritchard | Year 7 Rugby Havamt RFC Mr Chaplin | Year 9 Netball Crookhorn Mrs Ainslie | Year 8 Rugby Havant RFC Mr Chaplin | HOUSE EVENTS! |



| 😝 Subject & Hobbies Clubs 🗻 逃 📎 💻 📆 | | | | | | | | | | |
|-------------------------------------|---|-----------------------------------|---|---|---|--|--|--|--|--|
| | Monday | Tuesday | Wednesday | Thursday | Friday | | | | | |
| Lunchtime Club 12:45 – | Dungeons and Dragons Library Miss Humby Resilience Club | Chess Library Miss Humby | Chess Library Miss Humby | Chess Library Miss Humby | Chess Library Miss Humby | | | | | |
| 13:15 | RR RR Staff Y8/10 English Poetry A9 Mrs Nailor | Resilience Club RR RR Staff | Resilience Club RR RR Staff | Resilience Club RR RR Staff Science | Resilience Club RR RR Staff | | | | | |
| | Science P2 See Mr Bailey for exact times Y7/8/9 Study Club | Y7/8/9 Study Club | Computing | P2 See Mr Bailey for exact times Y7/8/9 Study Club | Y7/8/9 Study Club | | | | | |
| After School Club 15:15 – | Libary SS | Library SS | R2 Mrs Burnham Yy/8/9 History Club | Library SS Y10/11 Study Club | Library SS | | | | | |
| 16:15 | Y10/11 Study Club R1/R2 SS | Y10/11 Study Club R1/R2 SS | Ca1 LT Art challenge (Week B) P12 | R1/R2 SS Warhammer Cub Library | Y10/11 Study Club R1/R2 SS | | | | | |
| | | | Miss Harrison-Burrow DofE R7 Mr Trott Y7/8/9 Study Club | Miss Humby Y10/11 Child Development Ca1 LT Dance Live | Dance Live Theatre See Mrs Street for times/days | | | | | |
| | | | Y10/11 Study Club R1/R2 SS | See Mrs Street for times/days Props making club R7 See Mr Trott for times/days | | | | | | |



| | <u>Monday</u> | <u>Tuesday</u> | <u>Wednesday</u> | <u>Thursday</u> | <u>Friday</u> |
|---------------------|---|---|--|---|---|
| Soup | Soup of the Day | Soup of the Day | Soup of the Day | Soup of the Day | Soup of the Day |
| Main | Pulled pork and crispy onion mac and cheese served with sweet bbq glaze | Crispy blackened cornflake chicken nuggets with a spicy siracha mayonnaise (df) | Roasted chicken served with homemade pork, sage and onion stuffing and gravy (df) | Chicken balti served with pilau rice and coriander naan bread | Breaded coley fillet served with minted crushed garden peas and homemade chip shop curry sauce (df) |
| Vegetarian | Homemade crispy basil, parmesan and mushroom arancini with tomato sauce (v) | Bang bang cauliflower served with sweet chilli sauce and spring onions (v) (df) | Roasted field mushroom, thyme and baby onion pie (v) | Roasted aubergine and cauliflower aloo (v) | Cherry tomato, basil pesto and cheddar cheese quiche (v) |
| Vegetable/ Salad | Mixed seasonal salad | Classic Caesar salad, pickled oriental slaw | Mixed seasonal vegetables | Kachumber salad mint yoghurt mango chutney | Minted crushed garden peas |
| Carbohydrate | Garlic ciabatta | Spicy seasoned wedges | Roast potatoes | Pilau rice Naan bread | Chunky chips |
| Dessert | Dessert of the day | Dessert of the day | Dessert of the day | Dessert of the day | Dessert of the day |

Lunch Menu – Week 2

<u>Dietary and nutritional information is available on request.</u> <u>Students must notify canteen staff of any allergies they have before purchasing a meal.</u>



| DISHES | | X | ¥ | F | | - Auptin Flour | | | MISING | R | - | | - | |
|---|--------|---------------------------------|-------------|----------|------|-------------------|--------------|---------|--------------|-------------------|-------------------|-----------------|------|--------------------|
| | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| BBQ Pulled Pork & Crispy Onion Mac & Cheese | | ✓ | | | | | \checkmark | | \checkmark | | | | | |
| Crispy Basil, Parmesan and Dublin Arancini | | ✓ | | ✓ | | | ✓ | | | | | | | |
| Banoffee Cheesecake | | ✓ | | | | | √ | | | | | | | |
| Crispy Blackened Cornflake Chicken & Sriracha Mayonnaise | | ~ | | ~ | | | | | ~ | | | | | |
| Bang Bang Cauliflower with sweet chilli sauce | | ~ | | | | | ~ | | | √ Trace | √ Trace | ~ | | |
| Classic Caeser Salad | | ✓ | | ✓ | ✓ | | | | ✓ | | | | | |
| Pickled Oriental Slaw | | | | | ~ | | | | | | | ✓ | ✓ | |
| Roast Chicken, Sage & Onion Stuffing & Yorkshire Pudding | | ~ | | | | | ~ | | | | | | ~ | |
| Roasted Field Mushroom & Baby Onion Pie | | ✓ | | ✓ | | | ✓ | | | | | | ✓ | |



| DISHES | | X | ¥ | F | | Hour | | | | R | - | | - | |
|--|--------------|---------------------------------|-------------|--------------|------|-------|--------------|---------|---------|------------|---------|-----------------|------|--------------------|
| | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Apple and Cherry Crumble | | ✓ | | | | | \checkmark | | | | | | | |
| Classic Chicken Balti & Naan Bread | √ | ✓ | | | | | \checkmark | | ✓ | √ Trace | | | | |
| Roasted Aubergine & Cauliflower Aloo | \checkmark | √ | | | | | \checkmark | | ✓ | √ Trace | | | | |
| Breaded Coley Fillet & Curry Sauce | | √ | | | | | | | ✓ | | | | | |
| Cherry Tomato, Basil Pesto & Cheddar | | ✓ | | \checkmark | | | \checkmark | | | | | | | |



Menu Prices

Hot meal deal includes hot meal, bottle of water and piece of fruit/jelly

Cold meal deal includes sandwich, bottle of water and piece of fruit/jelly - If choosing a wrap only 1 item drink or piece of fruit/jelly is included in the meal deal.

| Meals and Deals | Price | Dessert/Cake/Fruit | Price | Mid-Morning Snack | Price |
|---------------------|-------|--------------------|-------|-------------------|-------|
| Hot Meal Deal | £3.20 | Hot Dessert | £1.00 | Sausage Roll | £1.00 |
| Cold Meal Deal | £3.20 | Jelly | £0.80 | Pasta Pot | £1.00 |
| Soup and Roll | £1.40 | Muffins | £1.20 | Pizza Slice | £1.20 |
| Main Meal | £2.40 | Cookies | £1.00 | Popcorn | £1.00 |
| Sandwich | £2.00 | Flapjacks | £1.00 | Pop Chips | £1.00 |
| | | Gingerbread | £1.00 | Rice Cakes | £1.00 |
| Drinks | | Fruit Pots | £0.80 | | |
| Water 500ml | £0.80 | Grapes | £0.80 | | |
| Radnor Splash 500ml | £1.00 | Melon | £0.80 | | |
| Apple/Orange Juice | £1.00 | Orange Segments | £0.40 | | |
| Milkshake | £1.00 | | | | |

Please ensure your child brings in their lunch card as they will need this to purchase food. Replacement cards can be issued at a cost of $\pounds 2.00$ which will be deducted from their lunch account.