



# COLLEGE NEWSLETTER

## Calendar

DATE	EVENT
<b>Tuesday</b> 15 <sup>th</sup> November 2022	<ul style="list-style-type: none"> <li>Y11 Mock Exams start</li> </ul>

## Extra-Curricular Activities

Reminder to all that an attendance at any club will earn you 2 house points.

## Sports

Day	Time	Club	Coordinator
<b>Monday</b>	8.00am – 8.30am	Table Tennis - Gym	Mr Baker
	3.15pm – 4.15pm	Alternative Sports – Gym	Mr Baker/Miss Shrimpton
<b>Tuesday</b>	8.00am – 8.30am	Table Tennis - Gym	Mrs Ainslie
<b>Wednesday</b>	8.00am – 8.30am	Table Tennis - Gym	Mrs Ainslie
	3.15pm – 4.15pm	Table Tennis – Gym	Mr Allen
	3.15pm – 4.15pm	Basketball – Sports Hall	Mr Chaplin
	3.15pm – 4.15pm	Football - Field	Mr Baker/Mr Blakey
<b>Thursday</b>	8.00am – 8.30am	Table Tennis - Gym	Miss Shrimpton
	3.15pm – 4.15pm	Gymnastics – Gym	Mrs Ainslie
	3.15pm – 4.15pm	Volleyball – Sports Hall	Mr Attwood
	3.15pm – 4.15pm	Rugby - Field	Miss Shrimpton/Mr Allen
<b>Friday</b>	8.00am – 8.30am	Table Tennis – Gym	Mr Baker
	3.15pm – 4.15pm	Running Club – Gym	Mr Carver
	3.15pm – 4.15pm	Badminton – Sports Hall	Mr Baker
	3.15pm – 4.15pm	Netball - Courts	Miss Shrimpton



**Subject & Hobbies**

<b>Day</b>	<b>Time</b>	<b>Club</b>	<b>Coordinator</b>
<b>Monday</b>	12.45pm – 1.15pm	Dungeons and Dragons Club – Library	Miss Humby
<b>Tuesday</b>	12.45pm – 1.15pm 12.45pm – 1.15pm	Chess Club – Library Community Action Club – G3	Miss Humby Mrs Jones
<b>Wednesday</b>	12.45pm – 1.15pm 12.45pm – 1.15pm 3.15pm – 4.15pm 3.15pm – 4.15pm 3.15pm – 4.15pm	Chess Club – Library KS3 Science Club – P4 KS3 Art Club – P12 Computing Club – R2 Y10 Duke of Edinburgh – R block	Miss Humby Mr Bailey Miss Harrison-Burrow Mrs Burnham Mr Trott
<b>Thursday</b>	12.45pm – 1.15pm	Chess Club – Library	Miss Humby
<b>Friday</b>	12.45pm – 1.15pm 12.45pm – 1.15pm	Chess Club – Library Debate Club – G3	Miss Humby Miss Potts

**Study Club**

Need help with your homework?

Computers and resources available to all KS3 & KS4 students

<b>Study Club Daily Sessions</b>	<b>Location</b>
<b>Monday, Wednesday, Thursday and Friday – 3.10pm – 4.10pm</b>	<b>Y7, Y8 &amp; Y9</b> in R4/R5
<b>Tuesdays – 2.45 - 3.35pm</b>	<b>Y10 &amp; Y11</b> in Library

Please note that events are subject to change and these will be updated on the website.

**A Grab N Go service is now available to students attending study club to buy a snack and drink before they attend.**



### **Headteacher's Blog**

Crookhorn College's Headteacher Mrs Bennett has recently updated her [Headteacher's Blog](#) on our website with her entry for September/October 2022.

### **Notices**

To help with your planning and organisation throughout the year, please do use the electronic calendar on our website.

You can access these dates if you go to the news and events tab and click on College Calendar or key dates 2022/2023. This calendar includes all our training days, parent's evenings, Student Progress Review (SPR) days as well as other key events.

### **Swap Shop**

The PE department are trying to ensure that all students are able to access the correct equipment for lessons. If you have any unused, or unwanted trainers or football boots and are willing to donate to the College it would be much appreciated. Donations can be dropped off to the PE department and in return your child will be rewarded with house points.



## Lunch Menu – Week 1

Students are able to enter the College site from 8.30am if they would like to access the free ‘Magic Breakfast’ service of cereal and/or bagels, there will also be other items for students to purchase.

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Soup</u>	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
<u>Main</u>	Moroccan pork meatballs in a spicy tomato sauce	Classic beef lasagne	Roast Turkey	Pork Sausages	Fish in batter
<u>Vegetarian</u>	Vegetable and lentil tagine	Herby breadcrumb topped Macaroni cheese	Nutless Roast	Vegetable toad in the hole	Cheese and tomato quiche
<u>Sides</u>	Herby cous cous, flat bread, carrot and mint salad and harissa yoghurt	Green salad, roasted vegetable and mozzarella salad and garlic ciabatta	Rice and peas, crunchy salad, callaloo style greens, cucumber with mint and lime yoghurt	Creamy mashed potatoes, seasonal vegetables	Skin on fries, mushy peas, tartare sauce. Green salad
<u>Dessert</u>	Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day

- *Please note - Menu choice may vary on occasions*

**Dietary and nutritional information is available on request.**

**Students must notify canteen staff of any allergies they have before purchasing a meal.**

**Whenever possible we endeavour to meet all nutritional and dietary requirements of our customers. We stock a large array of gluten free and dairy free products which are available on request for all.**



## **Menu Prices**

Hot meal deal includes hot meal, drink and dessert/cookie/piece of fruit.

Cold meal deal includes sandwich, drink and dessert/cookie/piece of fruit - If choosing a wrap only 1 item drink or dessert/cookie is included in the meal deal.

<b>Meals and Deals</b>	<b>Price</b>	<b>Dessert/Cake/Fruit</b>	<b>Price</b>	<b>Mid-Morning Snack</b>	<b>Price</b>
Hot Meal Deal	£2.80	Hot Dessert	£1.00	Sausage Roll	£1.20
Cold Meal Deal	£2.80	Jelly	£0.60	Fish Finger Bap	£0.80
Soup and Roll	£1.00	Yoghurt	£0.80	Chicken Goujons	£1.00
Main Meal	£2.00	Muffins	£1.00	Pasta Pot	£1.00
Sandwich	£2.00	Cookies	£0.80	Large Pizza Slice	£1.20
		Flapjacks	£0.80	Cheesy Nacho's	£0.80
<b>Drinks</b>		Gingerbread	£0.80	Popcorn	£0.80
Water 500ml	£0.80	Cheese & Grapes	£1.20	Pop Chips	£0.80
Radnor Splash 500ml	£0.80	Grapes	£0.50	Rice Cakes	£0.80
Radnor Fizz	£0.80	Melon	£0.50	Mini Cheddars	£0.80
Apple/Orange Juice	£0.70	Pineapple	£0.50	Pretzels	£0.60
Milkshake	£0.70	Orange Segments	£0.40	Mini Cheddars	£0.80

Please ensure your child brings in their lunch card as they will need this to purchase food. Replacement cards can be issued at a cost of £2.00 which will be deducted from their lunch account.



## Free Online Courses for Parents!

To book type in the link: <https://shop.hants.gov.uk/collections/library-courses>



Course	Dates	Time
Spelling, Punctuation and Grammar	15 September – 13 October	10am – 11:30am
Raising Resilient Children	19 September – 17 October	6:30pm – 8pm
Positive Parenting	21 September – 19 October	6:30pm – 8pm
Makaton Level 1	26 September – 17 October	6:30pm – 8:30pm
Raising Resilient Children	7 November – 5 December	6:30pm – 8pm
Makaton Level 1	7 November – 28 November	6:30pm – 8:30pm
Introduction to Paediatric First Aid	8 November – 29 November	6:45pm – 9pm
How Children Learn to Talk	10 November – 8 December	10am – 11:30am

*These courses are aimed at Hampshire residents aged 19+. Attendance is expected at each session to ensure that you get the most out of your learning experience and to minimise disruption for other learners. Please advise the venue/tutor of any absence you may have.*

Participants will be required to use Zoom. No account is required, Not sure how to use Zoom? Check out these helpful videos: <https://support.zoom.us/hc/en-us/articles/206175806>

