



# COLLEGE NEWSLETTER

## Calendar

DATE	EVENT
Monday 6 <sup>th</sup> Nov	<ul style="list-style-type: none"><li>• Y10 EE Mocks</li></ul>
Tuesday 7 <sup>th</sup> Nov	<ul style="list-style-type: none"><li>• Y7 University of Portsmouth Trip</li></ul>
Thursday 9 <sup>th</sup> Nov	<ul style="list-style-type: none"><li>• Geocache House Event 15:10 to 16:00</li><li>• Dear England – Theatre Trip</li></ul>
Friday 10 <sup>th</sup> Nov	<ul style="list-style-type: none"><li>• Whole College Act of Remembrance</li><li>• Yr11 Dodgeball House Event 15:10 to 16:00</li></ul>

## Extra-Curricular Activities

Reminder to all that an attendance at any club will earn you 2 house points.



### Sports Clubs



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Before School Club</b> 08:00 – 08:30	<b>Roundnet</b> Gym Mr McCaw	<b>Roundnet</b> Gym Mr Parker	<b>Roundnet</b> Gym Mr McCaw	<b>Roundnet</b> Gym Mr Baker	<b>Roundnet</b> Gym Mr McCaw
<b>After School Club</b> 15:15 – 16:15	<b>Badminton</b> SH Mr Pernia  <b>GCSE PE</b> Library PE Staff	<b>NO CLUBS DUE TO STAFF MEETINGS</b>	<b>Gymnastics</b> Gym Mr Parker  <b>Fitness</b> Main Hall Miss Clifton  <b>Basketball</b> SH Mr Attwood  <b>Football</b> Field Mr Baker//Mr Blakey	<b>GCSE Practical</b> SH Miss Ainslie/Mr Baker  <b>Netball</b> Courts Miss Pritchard	<b>Running Club</b> Gym Mr Carver  <b>House Events</b> SH Mr Baker/HOH
<b>Fixtures</b>	<b>Y8 Netball</b> Crookhorn Mrs Ainslie	<b>Y8 Rugby</b> Havant Rugby Club Mr Baker <b>Y8 Football</b> TBC Mr Blakey	<b>Y7 Netball</b> Crookhorn Miss Pritchard	<b>Y7 Rugby</b> Havant Rugby Club Mr Parker <b>Y7 Football</b> TBC Mr Chaplin	<b>NO FRIDAY FIXTURES!</b>

Please note that events are subject to change and these will be updated on the website.



### Subject & Hobbies Clubs



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Lunchtime Club</b> 12:55 – 13:30 Tues 12:30-13:05	<b>Dungeons and Dragons</b> Library Miss Humby <b>English Poetry</b> A9 Mrs Nailor	<b>Chess</b> Library Miss Humby <b>Maths</b> P10 Mrs Clifton	<b>Chess</b> Library Miss Humby <b>Science</b> P4 Mr Bailey <b>History</b> G2 Mrs McClenaghan	<b>Chess</b> Library Miss Humby	<b>Chess</b> Library Miss Humby <b>Debate</b> G4 Miss Potts
<b>After School Club</b> 15:15 – 16:15	<b>Y7/8/9 Study Club</b> R6 SS <b>Y10/11 Study Club</b> R1/R2 SS	<b>Y7/8/9 Study Club</b> R6 SS <b>Y10/11 Study Club</b> R1/R2 SS	<b>Computing</b> R2 Mrs Burnham <b>Art challenge (Week B)</b> P12 Miss Harrison-Burrow <b>DofE</b> R7 Mr Trott <b>Y7/8/9 Study Club</b> R6 SS <b>Y10/11 Study Club</b> R1/R2 SS	<b>Y7/8/9 Study Club</b> R6 SS <b>Y10/11 Study Club</b> R1/R2 SS	<b>Y7/8/9 Study Club</b> R6 SS <b>Y10/11 Study Club</b> R1/R2 SS



**A Grab N Go service is now available to students attending study club to buy a snack and drink before they attend**

### **Notices**

To help with your planning and organisation throughout the year, please do use the electronic calendar on our website.

You can access these dates if you go to the news and events tab and click on College Calendar or key dates 2023/24. This calendar includes all our training days, parent's evenings, Student Progress Review (SPR) days as well as other key events.

### **Swap Shop**

The PE department are trying to ensure that all students are able to access the correct equipment for lessons. If you have any unused, or unwanted trainers or football boots and are willing to donate to the College it would be much appreciated. Donations can be dropped off to the PE department and in return your child will be rewarded with house points.



CROOKHORN  
COLLEGE

Week of Monday 6<sup>th</sup> November 2023  
(Week B)



At Crookhorn College we have held the Quality in Careers Award for over 15 years, this award is re-assessed every three years. We will be re-assessed in December 2023.

*“The Standard requires secondary schools and colleges to demonstrate that their careers programme:*

- *has strong leadership from the Head Teacher/Principal, the senior leadership team and the governing body*
- *has effective training for staff involved in planning and delivering the careers programme*
- *includes all pupils and students*

*The school or college must have an effective programme of careers education, enterprise and employability including work-related learning opportunities for students.*

*Employers, as well as further and higher education providers, must be involved in the programme to open up and increase students’ understanding of a wide range of options, routes and providers of apprenticeships, internships, colleges and universities.”*

We welcome any feedback on our programme from students and parents and will share the progress of this assessment once it is completed.

If you have any feedback or questions, please contact the careers leader Clare Mack  
[clare.mack@crookhorn.hants.sch.uk](mailto:clare.mack@crookhorn.hants.sch.uk)



School  
Age  
Immunisations

*Today's Health. Tomorrow's Future*



**NHS**

Southern Health  
NHS Foundation Trust



## School Age Immunisation Team



Get protected against flu



### FLU: 5 REASONS TO GET PROTECTED AGAINST FLU

1. Protect your child - the vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia
2. Protect your family and friends - having the vaccine will help protect more vulnerable friends and family
3. No injection needed - the nasal spray is painless and easy to administer.
4. It is better than having the flu - the nasal spray helps protect against flu and has been given to millions worldwide
5. Avoid costs - if your child gets flu, you may have to take time off work or arrange alternative childcare



**COMING SOON**



The Immunisation team will be coming to school soon to administer the flu nasal spray

**Date: 20th November**



Scan the QR code to complete a flu consent form (even if you wish to opt out)



School code

**SH116428**

[Click for more flu vaccination information](#)



## Lunch Menu – Week 3

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Soup</u>	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
<u>Main</u>	Macaroni Cheese	Spicy chicken Fajitas	Beef and onion pie	Cajun cornflake chicken	Fish finger sandwich with lettuce and mayo
<u>Vegetarian</u>	Macaroni Cheese	Roasted vegetable and bean quesadilla	Quorn and vegetables	Roast vegetable jambalaya	Bubble and squeak cakes topped with cheddar cheese
<u>Sides</u>	Garlic Bread and Salad	Salsa, sour cream, guacamole, chilli and lime corn on the cob	Herby crushed new potatoes, green beans, and gravy	Sweet potato wedges, ranch style dip and pickled coleslaw	Chunky chips, herb mayo and crunchy salad
<u>Dessert</u>	Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day

Dietary and nutritional information is available on request.

Students must notify canteen staff of any allergies they have before purchasing a meal.



## **Menu Prices**

Hot meal deal includes hot meal, drink and dessert/cookie/piece of fruit.

Cold meal deal includes sandwich, drink and dessert/cookie/piece of fruit - If choosing a wrap only 1 item drink or dessert/cookie is included in the meal deal.

<b>Meals and Deals</b>	<b>Price</b>	<b>Dessert/Cake/Fruit</b>	<b>Price</b>	<b>Mid-Morning Snack</b>	<b>Price</b>
Hot Meal Deal	£3.00	Hot Dessert	£1.00	Sausage Roll	£1.20
Cold Meal Deal	£3.00	Jelly	£0.60	Fish Finger Bap	£0.80
Soup and Roll	£1.00	Yoghurt	£0.80	Chicken Goujons	£1.00
Main Meal	£2.00	Muffins	£1.00	Pasta Pot	£1.00
Sandwich	£2.00	Cookies	£0.80	Large Pizza Slice	£1.20
		Flapjacks	£0.80	Cheesy Nacho's	£0.80
<b>Drinks</b>		Gingerbread	£0.80	Popcorn	£0.80
Water 500ml	£0.80	Cheese & Grapes	£1.20	Pop Chips	£0.80
Radnor Splash 500ml	£0.80	Grapes	£0.50	Rice Cakes	£0.80
Radnor Fizz	£0.80	Melon	£0.50	Mini Cheddars	£0.80
Apple/Orange Juice	£0.70	Pineapple	£0.50	Pretzels	£0.60
Milkshake	£0.70	Orange Segments	£0.40	Mini Cheddars	£0.80



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(Week B)**

Please ensure your child brings in their lunch card as they will need this to purchase food. Replacement cards can be issued at a cost of £2.00 which will be deducted from their lunch account.