



COLLEGE NEWSLETTER

Calendar

DATE	EVENT
Wednesday 2 nd November 2022	<ul style="list-style-type: none"> Y10 & Y11 'An Inspector Calls' Mayflower Theatre

Extra-Curricular Activities

Reminder to all that an attendance at any club will earn you 2 house points.

Sports

Day	Time	Club	Coordinator
Monday	8.00am – 8.30am	Table Tennis - Gym	Mr Baker
	3.15pm – 4.15pm	Alternative Sports – Gym	Mr Baker/Miss Shrimpton
Tuesday	8.00am – 8.30am	Table Tennis - Gym	Mrs Ainslie
Wednesday	8.00am – 8.30am	Table Tennis - Gym	Mrs Ainslie
	3.15pm – 4.15pm	Table Tennis – Gym	Mr Allen
	3.15pm – 4.15pm	Basketball – Sports Hall	Mr Chaplin
	3.15pm – 4.15pm	Football - Field	Mr Baker/Mr Blakey
Thursday	8.00am – 8.30am	Table Tennis - Gym	Miss Shrimpton
	3.15pm – 4.15pm	Gymnastics – Gym	Mrs Ainslie
	3.15pm – 4.15pm	Volleyball – Sports Hall	Mr Attwood
	3.15pm – 4.15pm	Rugby - Field	Miss Shrimpton/Mr Allen
Friday	8.00am – 8.30am	Table Tennis – Gym	Mr Baker
	3.15pm – 4.15pm	Running Club – Gym	Mr Carver
	3.15pm – 4.15pm	Badminton – Sports Hall	Mr Baker
	3.15pm – 4.15pm	Netball - Courts	Miss Shrimpton



Subject & Hobbies

Day	Time	Club	Coordinator
Monday	12.45pm – 1.15pm	Dungeons and Dragons Club – Library	Miss Humby
Tuesday	12.45pm – 1.15pm 12.45pm – 1.15pm	Chess Club – Library Community Action Club – G3	Miss Humby Mrs Jones
Wednesday	12.45pm – 1.15pm 12.45pm – 1.15pm 3.15pm – 4.15pm 3.15pm – 4.15pm 3.15pm – 4.15pm	Chess Club – Library KS3 Science Club – P4 KS3 Art Club – P12 Computing Club – R2 Y10 Duke of Edinburgh – R block	Miss Humby Mr Bailey Miss Harrison-Burrow Mrs Burnham Mr Trott
Thursday	12.45pm – 1.15pm	Chess Club – Library	Miss Humby
Friday	12.45pm – 1.15pm 12.45pm – 1.15pm	Chess Club – Library Debate Club – G3	Miss Humby Miss Potts

Study Club

Need help with your homework?

Computers and resources available to all KS3 & KS4 students

Study Club Daily Sessions	Location
Monday, Wednesday, Thursday and Friday – 3.10pm – 4.10pm	Y7, Y8 & Y9 in R4/R5
Tuesdays – 2.45 - 3.35pm	Y10 & Y11 in Library

Please note that events are subject to change and these will be updated on the website.

A Grab N Go service is now available to students attending study club to buy a snack and drink before they attend.



Notices

To help with your planning and organisation throughout the year, please do use the electronic calendar on our website.

You can access these dates if you go to the news and events tab and click on College Calendar or key dates 2022/2023. This calendar includes all our training days, parent's evenings, Student Progress Review (SPR) days as well as other key events.



Lunch Menu – Week 2

Students are able to enter the College site from 8.30am if they would like to access the free ‘Magic Breakfast’ service of cereal and/or bagels, there will also be other items for students to purchase.

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<u>Soup</u>	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
<u>Main</u>	Chicken tikka masala	Beef Cottage Pie	Grilled Jerk Chicken	Korean pulled pork	Fishcake
<u>Vegetarian</u>	Chickpea and lentil dahl	Vegetable Cottage Pie	Vegetable Curry	Quorn Bulgogi	Roasted vegetable and fetta frittata
<u>Sides</u>	Naan bread, onion bhajis, pilau rice, mango chutney, mint yogurt and kachumber salad	Seasonal vegetables and gravy	Rice and peas, crunchy salad, callaloo style greens, cucumber with mint and lime yogurt	Sesame noodles, stir fried vegetables, kimchi slaw	Chips, lemon mayo, green salad and garden peas
<u>Dessert</u>	Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day	Dessert of the day

- *Please note - Menu choice may vary on occasions*

Dietary and nutritional information is available on request.

Students must notify canteen staff of any allergies they have before purchasing a meal.

Whenever possible we endeavour to meet all nutritional and dietary requirements of our customers. We stock a large array of gluten free and dairy free products which are available on request for all.



Menu Prices

Hot meal deal includes hot meal, drink and dessert/cookie/piece of fruit.

Cold meal deal includes sandwich, drink and dessert/cookie/piece of fruit - If choosing a wrap only 1 item drink or dessert/cookie is included in the meal deal.

Meals and Deals	Price	Dessert/Cake/Fruit	Price	Mid-Morning Snack	Price
Hot Meal Deal	£2.60	Hot Dessert	£1.00	Sausage Roll	£1.20
Cold Meal Deal	£2.60	Jelly	£0.60	Fish Finger Bap	£0.80
Soup and Roll	£1.00	Yoghurt	£0.80	Chicken Goujons	£1.00
Main Meal	£2.00	Muffins	£1.00	Pasta Pot	£1.00
Sandwich	£2.00	Cookies	£0.80	Large Pizza Slice	£1.20
		Flapjacks	£0.80	Cheesy Nacho's	£0.80
Drinks		Gingerbread	£0.80	Popcorn	£0.80
Water 500ml	£0.80	Cheese & Grapes	£1.20	Pop Chips	£0.80
Radnor Splash 500ml	£0.80	Grapes	£0.50	Rice Cakes	£0.80
Radnor Fizz	£0.80	Melon	£0.50	Mini Cheddars	£0.80
Apple/Orange Juice	£0.70	Pineapple	£0.50	Pretzels	£0.60
Milkshake	£0.70	Orange Segments	£0.40	Mini Cheddars	£0.80

Please ensure your child brings in their lunch card as they will need this to purchase food. Replacement cards can be issued at a cost of £2.00 which will be deducted from their lunch account.



Free Online Courses for Parents!

To book type in the link: <https://shop.hants.gov.uk/collections/library-courses>



Course	Dates	Time
Spelling, Punctuation and Grammar	15 September – 13 October	10am – 11:30am
Raising Resilient Children	19 September – 17 October	6:30pm – 8pm
Positive Parenting	21 September – 19 October	6:30pm – 8pm
Makaton Level 1	26 September – 17 October	6:30pm – 8:30pm
Raising Resilient Children	7 November – 5 December	6:30pm – 8pm
Makaton Level 1	7 November – 28 November	6:30pm – 8:30pm
Introduction to Paediatric First Aid	8 November – 29 November	6:45pm – 9pm
How Children Learn to Talk	10 November – 8 December	10am – 11:30am

These courses are aimed at Hampshire residents aged 19+. Attendance is expected at each session to ensure that you get the most out of your learning experience and to minimise disruption for other learners. Please advise the venue/tutor of any absence you may have.

Participants will be required to use Zoom. No account is required, Not sure how to use Zoom? Check out these helpful videos: <https://support.zoom.us/hc/en-us/articles/206175806>

