

COLLEGE NEWSLETTER

Calendar

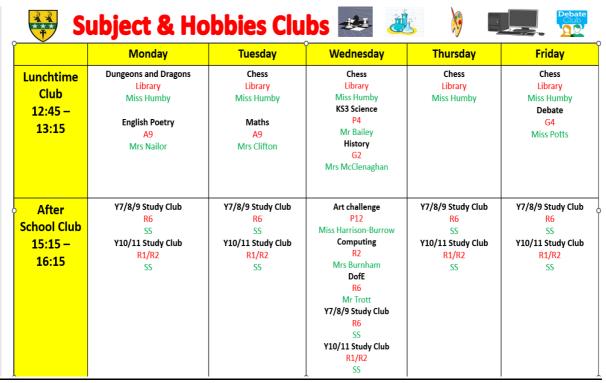
| DATE | EVENT | | |
|-------------------------------|------------------------------------------------------------------------------------|--|--|
| Monday 30 th Oct | Y11 Mocks Start | | |
| Wednesday 1 st Nov | Dry Ski Slopes for Ski Trip 14:30 to 17:00 | | |
| Friday 3 rd Nov | Apprentice vs Dragons Den Y11 Maths Inspiration Visit | | |

Extra-Curricular Activities

Reminder to all that an attendance at any club will earn you 2 house points.

| * * * | Sports | Clubs | · P & Guery | | |
|-------------------------------------------|--------------------------------------------|--------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|---------------------------------------------------------|
| | Monday | Tuesday | Wednesday | Thursday | Friday |
| Before School Club 08:00 – 08:30 | Roundnet Gym Mr McCaw | Roundnet Gym Mr Parker | Roundnet Gym Mr McCaw | Roundnet Gym Mr Baker | Roundnet Gym Mr McCaw |
| After School Club 15:15 – 16:15 | GCSE PE Gym PE staff | NO CLUBS DUE TO STAFF MEETINGS | Gymnastics Gym Mr Parker Fitness Main Hall Miss Clifton Badminton SH Mr Pernia Football Field Mr Baker/Mr Chaplin/Mr Blakey | Gymnastics Gym Miss Ainslie Basketball SH Mr Attwood Netball Courts Miss Pritchard | Running Club Gym Mr Carver House Events SH Mr Baker/HOH |
| Fixtures | Y10/11 Netball Crookhorn Mrs Ainslie | Y8 Rugby Havant Rugby Club Mr Baker | Y9 Netball Crookhorn Miss Pritchard | Y7 Rugby Havant Rugby Club Mr Chaplin | NO FRIDAY FIXTURES! |





Please note that events are subject to change and these will be updated on the website.

Computers and resources available to all KS3 & KS4 students in study club.

A Grab N Go service is now available to students attending study club to buy a snack and drink before they attend



Notices

To help with your planning and organisation throughout the year, please do use the electronic calendar on our website.

You can access these dates if you go to the news and events tab and click on College Calendar or key dates 2023/24. This calendar includes all our training days, parent's evenings, Student Progress Review (SPR) days as well as other key events.

Swap Shop

The PE department are trying to ensure that all students are able to access the correct equipment for lessons. If you have any unused, or unwanted trainers or football boots and are willing to donate to the College it would be much appreciated. Donations can be dropped off to the PE department and in return your child will be rewarded with house points.







At Crookhorn College we have held the Quality in Careers Award for over 15 years, this award is reassessed every three years. We will be re-assessed in December 2023.

"The Standard requires secondary schools and colleges to demonstrate that their careers programme:

- has strong leadership from the Head Teacher/Principal, the senior leadership team and the governing body
- has effective training for staff involved in planning and delivering the careers programme
- includes all pupils and students

The school or college must have an effective programme of careers education, enterprise and employability including work-related learning opportunities for students.

Employers, as well as further and higher education providers, must be involved in the programme to open up and increase students' understanding of a wide range of options, routes and providers of apprenticeships, internships, colleges and universities."

We welcome any feedback on our programme from students and parents and will share the progress of this assessment once it is completed.

If you have any feedback or questions, please contact the careers leader Clare Mack clare.mack@crookhorn.hants.sch.uk



Lunch Menu - Week 2

| | <u>Monday</u> | <u>Tuesday</u> | <u>Wednesday</u> | <u>Thursday</u> | <u>Friday</u> |
|-------------------|--------------------------------------|-----------------------------------------------------------------|--------------------------------------------------------------------------------|----------------------------------------------------------------------|------------------------------------------------------|
| Soup | Soup of the Day | Soup of the Day | Soup of the Day | Soup of the Day | Soup of the Day |
| Main | Ham and Cheese Bake | Fluffy jacket potatoes served with beef chilli, cheese or beans | Roast Shoulder of pork | Piri Piri Chicken | Haddock leek and cheddar |
| <u>Vegetarian</u> | Butternut squash and sage pasta bake | Fluffy jacket potatoes served with veggie chilli, or beans | Leek, broccoli and cauliflower bake | Turmeric roast vegetables topped with grilled halloumi | Roasted vegetable and cheddar frittata |
| <u>Sides</u> | Green salad and garlic bread | Coleslaw and salads | Roast Potatoes, seasonal vegetable, sage and onion stuffing and gravy | Spicy rice and beans, mint and chilli peas and crunchy slaw | Chips, lemon mayo, green salad and garden peas |
| Dessert | Dessert of the Day | Dessert of the Day | Dessert of the Day | Dessert of the Day | Dessert of the Day |

<u>Dietary and nutritional information is available on request.</u>

<u>Students must notify canteen staff of any allergies they have before purchasing a meal.</u>



Menu Prices

Hot meal deal includes hot meal, drink and dessert/cookie/piece of fruit.

Cold meal deal includes sandwich, drink and dessert/cookie/piece of fruit - If choosing a wrap only 1 item drink or dessert/cookie is included in the meal deal.

| Meals and Deals | Price | Dessert/Cake/Fruit | Price | Mid-Morning Snack | Price |
|------------------------|-------|--------------------|-------|-------------------|-------|
| Hot Meal Deal | £3.00 | Hot Dessert | £1.00 | Sausage Roll | £1.20 |
| Cold Meal Deal | £3.00 | Jelly | £0.60 | Fish Finger Bap | £0.80 |
| Soup and Roll | £1.00 | Yoghurt | £0.80 | Chicken Goujons | £1.00 |
| Main Meal | £2.00 | Muffins | £1.00 | Pasta Pot | £1.00 |
| Sandwich | £2.00 | Cookies | £0.80 | Large Pizza Slice | £1.20 |
| | | Flapjacks | £0.80 | Cheesy Nacho's | £0.80 |
| Drinks | | Gingerbread | £0.80 | Popcorn | £0.80 |
| Water 500ml | £0.80 | Cheese & Grapes | £1.20 | Pop Chips | £0.80 |
| Radnor Splash 500ml | £0.80 | Grapes | £0.50 | Rice Cakes | £0.80 |
| Radnor Fizz | £0.80 | Melon | £0.50 | Mini Cheddars | £0.80 |
| Apple/Orange Juice | £0.70 | Pineapple | £0.50 | Pretzels | £0.60 |
| Milkshake | £0.70 | Orange Segments | £0.40 | Mini Cheddars | £0.80 |



Please ensure your child brings in their lunch card as they will need this to purchase food. Replacement cards can be issued at a cost of £2.00 which will be deducted from their lunch account.